



Rivers Edge

Equestrian Summer Camp Things to Bring/Sample Activities

Below are suggested items you might need during a typical stay at camp. You might think of other items that would also be useful. A sample day's activities may help you plan for your trip.

Our strong emphasis on safety requires all campers to wear proper riding footwear (riding boots, rubber boots, paddock boots or sturdy shoes with heels) and an ASTM approved helmet. Label all items with your name.

Overnight Campers:

- Socks, underwear, pajamas
- Long pants and/or chaps
- Shorts
- T-shirts or light weight tops
- Long sleeve shirts for evenings or protection
- Sweatshirt or jacket
- Rain poncho
- Sweat-pants, riding sweats or breeches
- Old sneakers
- Old swimsuit and towel (for pond or river)
- Water bottle
- Personal items (tooth brush, hair brush, sunscreen, etc.)

Day Campers:

- T-shirt
- Shorts w/chaps or long pants for riding
- Old swimsuit or T-shirt and shorts for pond
- Lunch
- Water bottle

Optional Items:

- Books, stationary, stuffed animal, hat or cap, camera and film, videos to share, address book, junk food stash

Looking forward to your trip to Tamarack Stables Rivers Edge, it shall consist of work, learning, playing, fun, soreness, tired, dirty exhausting fun. Lots of great memories and horses, horses, horses.

- 6:30 a.m. Rise, breakfast, every camper responsible for cleaning up behind themselves. One camper each morning assigned to oversee that area is clean and table wiped clean.
- 8:30 a.m. Brush teeth, prepare self for going to barn. Long pants or shorts w/chaps, hard hat, crop, sunscreen, water bottle.
- 9:30 a.m. Catch up horse. Have a buddy to oversee opening and closing gate, cleaning feet, securing animal in barn after cleaning feet at hitching post. Always keeping safety in mind of other horses and human safety, then return and help buddy. Groom horse thoroughly, fly spray (roll on when doing face, center of back with one complete strip on back of ears, center of face, and back of saddle area to point of tail. Tack up: bridle, saddle pad, saddle.
- 10:30 a.m. Lesson (adjusted to individual level of riding).
- 11:30 a.m. Instruction on care of horse, stall, tack, grading of horse and stall by assigned student.
- 12:30 p.m. Lunch – all pitch in and help set table, clean up and put away.
- 1:30 p.m. Rest period.
- 2:00 p.m. Learning experiences to cover tack, conformation of horses, first aid, feed and care.
- 3:00 p.m. Groom and tack up.
- 3:30 p.m. Ride, games, trail ride, depending upon group some days this time can go to swimming
- 4:30 p.m. Clean up and care for horse.
- 5:00 p.m. Campers clean themselves up and help prepare for dinner. After dinner campers help clean up and put things away.
- 5:30 p.m. Can be voted on, perhaps a trail ride, work with young horses, games, pond activities, nature walks, videos and popcorn, line dancing, card games, etc.
- 8:30 p.m. Campers clean up for bed and lights out by 10:00 p.m.

This is a SAMPLE day at camp. Some days change about, but in general this is what to expect. Some days include trail rides, treasure hunts, tubing on river, paddle boats on pond, riding in golf cart, various games.